



LEADERS IN TRAINING

Diabetes Youth Families supports those affected by type 1 diabetes so they may lead full, healthy, beautiful lives, NOW!

A program for older teens with or without diabetes who are ready to take the next step in developing their leadership skills.



DATES: LIT 1 - JULY 19-31, LIT 2 - JUNE 15-24

Location: Bearskin Meadow Camp, Sequoia National Forest

LITs will find fulfillment and satisfaction as they experience personal growth during this impactful program and many graduates of the LIT program become paid summer staff at camp once they turn 18!

- **LIT 1 – Focuses on general leadership qualities and skills.** The 1st week is spent doing team building activities and shadowing camp staff, the 2nd week will put those new skills to the test with integration into the kids' groups at Family Camp.
- **LIT 2 – Year 2 of the LIT program is for those who have successfully completed LIT 1.** The program starts with Staff Training as the LITs learn alongside the summer staff, covering topics such as advanced diabetes management, child development, and risk management. Then, LITs will be assigned a Kids Camp group and camp staff mentors; they will be in full counselor mode while learning in real time what it takes to care for a group of young kids with type 1 diabetes.

Visit [DYF.org](https://dyf.org) to find out more information and register now!

