



Do you know someone with **type one diabetes**? We offer diabetes support programs and camps for kids, teens, adults, and families!

DYF is an 88-year-old nonprofit that is dedicated to supporting those affected by type 1 diabetes so they may lead full, healthy, beautiful lives, NOW!



FUN FOR THE WHOLE FAMILY

DYF strives to provide participants of all ages, identities, and backgrounds with access to programs that are exciting, educational, and memorable. Join us for a classic camp experience including games, arts & crafts, campfires, archery, and more... or explore the stunning High Sierra wilderness on one of our Adventure Programs!

QUALITY EDUCATION

Diabetes management practices are constantly evolving! Participants will experience greater independence and increased confidence by learning successful ways to manage their diabetes from healthcare professionals and their peers.

SUPPORT & COMMUNITY

DYF programs are your home away from home where EVERYONE gets it and participants realize that they are not alone in their struggles and frustrations with diabetes. We provide the care to help you thrive, activities that bring community together, and a space that fosters a sense of belonging.



VISIT [DYF.ORG](https://www.dyf.org) FOR MORE INFORMATION & TO REGISTER!



2025 PROGRAM DATES & INFORMATION

REGISTRATION IS OPEN NOW AT DYF.ORG!

BEARSKIN MEADOW SUMMER CAMPS

Located in the Sequoia National Forest, Bearskin Meadow Camp is the oldest and largest resident camp in the Western United States and has a long history of providing an exceptional camp experience for kids & families with type 1 diabetes.

- **Kids Camp** (Ages 7-13)
- **Buddy Camp** (Ages 7-15)

Expand your support system at home by bringing a friend or sibling who doesn't have T1D to experience diabetes camp!

- **Teen Camp** (Ages 14-17)
- **Family Camps** (All ages)
- **Leaders in Training** (Ages 16-17)

CDLN (Ages 7-17) Located in the Santa Cruz Mountains, CDLN offers all the summer camp fun, closer to the San Francisco Bay Area.

ADVENTURE PROGRAMS

Our Adventure Programs in California's High Sierra wilderness take you further into the outdoors and empower you to take the next step in your diabetes self-management journey.

- **Family Camping** (Ages 10+)
For families with a T1D youth.
- **Teen Backpacking** (Ages 13-15)
- **Altitude 14,505** (Ages 15-17)
- **Community Whitewater Rafting Weekend** (Age 18+ or 10+ with an adult)

YEAR-ROUND WEEKEND RETREATS

Held in various locations around California, participants will build community as they enjoy numerous camp activities and learn about the latest in diabetes management from our team of health-care professionals.

- **Campamento Familiar en Español** (All ages)
For Spanish-speaking families of a child or teen with T1D.
- **Spring and Fall Family Retreats** (All ages)
- **Adult Retreat** (Ages 18+)

PROGRAM DATES

SUMMER CAMPS

• LEADERS IN TRAINING 2	JUNE 18-27
• BUDDY CAMP	JUNE 23-27
• KIDS CAMP	JUNE 29-JULY 3
• TEEN CAMP	JULY 6-11
• FAMILY CAMP 1	JULY 13-18
• LEADERS IN TRAINING 1	JULY 13-25
• FAMILY CAMP 2	JULY 20-25
• CDLN	JULY 29-AUG 2

ADVENTURE PROGRAMS

• FAMILY CAMPING	MAY 24-26
• TEEN BACKPACKING	JUNE 27-JULY 3
• ALTITUDE 14,505	JULY 9-23
• WHITEWATER RAFTING	AUG 29-31

YEAR ROUND WEEKEND RETREATS

• CAMPAMENTO FAMILIAR EN ESPAÑOL	FEB 7-9
• SPRING RETREAT	MAR 14-16
• ADULT RETREAT	JULY 25-27
• FALL RETREAT	OCT 17-19

DYF also offers free virtual support groups and local community programs throughout the year!

For more information, please visit our website at dyf.org or call 925-680-4994.

SCAN HERE:



This institution is an equal opportunity provider operating under special use permit with the Sequoia National Forest.

