The mission of DYF is to improve the quality of life for children, teens and families affected by diabetes. The organization provides recreation and education within a supportive community, encouraging personal growth, knowledge and independence.

### POSITION DETAILS

<table>
<thead>
<tr>
<th>Position Title</th>
<th>Wilderness Guide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reports to:</td>
<td>Whitney Wright, Program Director</td>
</tr>
<tr>
<td>Functional Area:</td>
<td>Program</td>
</tr>
<tr>
<td>Location:</td>
<td>Various Locations- Sierra Nevada Mountains</td>
</tr>
<tr>
<td>Employment Status:</td>
<td>Seasonal- Exempt</td>
</tr>
</tbody>
</table>

### ABOUT DYF

DYF is a mission-driven organization dedicated to improving the lives of children, teens, and families affected by type-1 diabetes. Founded in 1938, the organization is a leader in helping children and their families gain confidence and mastery in managing diabetes through weekend and week-long camps and educational programs that serve more than 1,500 individuals annually. DYF believes that every child with T1D, and their family members, should have the benefit of our lifesaving programs and works year round to raise the necessary funds to meet the demand for our services.

### POSITION DESCRIPTION

DYF Wilderness Guides facilitate backcountry trips and adventure based outdoor programs for youth living with type 1 diabetes. Our Wilderness Guides work hard to ensure our programs are meaningful, supportive, educational and fun while providing superior T1D care. Wilderness Guides are placed in the program/s that the Program Director deems most suitable for their skill level and availability.

Ideal candidates for a Wilderness Guide position will have significant working knowledge and/or lived experience with type 1 diabetes, and robust personal and professional multi-day guiding experience in the backcountry. Guides work collaboratively within their team to manage all aspects of the trip. This includes pre-trip packing and preparing food and gear, teaching outdoor living skills and diabetes management in the backcountry environment. Guides are also responsible for interpretive information, risk management, and managing the everyday tasks of survival in the backcountry; food, water, shelter, blood sugars etc.
KEY RESPONSIBILITIES

- Guide youth in extended backcountry travel on various terrain for long hours while carrying up to 40-70 lb backpacks.
- Teach necessary outdoor skills to set students up for success in the wilderness setting.
- Manage risk in a way that is suitable to being in the wilderness with a group of youth with type 1 diabetes.
- Be active in participant diabetes management including on trail and in the middle of the night.
- Create an emotionally safe space for participants to be comfortable sharing about their struggles.
- Provide for the care and proper usage of DYF gear.
- Have a working knowledge of DYF Policies and Procedures.
- Create strong, respectful and appropriate relationships with participants.
- Prepare adequate food and gear for each trip, catering to allergies and dietary restrictions.
- Fully unpack, and clean up after trips have returned from the field.
- Be a good representative of DYF to the National Park Service and other overseeing organizations. Thoroughly follow Rules and Regulations of governing agencies.
- Provide clear and effective outdoor stewardship education to participants.
- Support participant overall wellness - mental, social, emotional, physical.
- Utilize medical skills as needed and according to training and standards.
- Operate company vehicles for transportation of staff, participants or clients, goods and supplies, and other uses as needed.
- Be able to build meaningful relationship with people from different background and identities.

ESSENTIAL QUALIFICATIONS

DYF does not expect every applicant to have every skill and qualification listed here, and we are committed to the professional development of our employees. A strong candidate who is interested in growing and learning in this role might be a good fit if they can demonstrate some or most of the qualifications listed below.

- Experience with youth management
- Experience with extended backcountry travel
- Working knowledge of diabetes management

DESIRED QUALIFICATIONS

- 21+
- Wilderness First Aid or Wilderness First Responder
- One year / full season experience as a wilderness guide
- Experience with DYF: as a camper, program participant, volunteer, staff member, board member etc.
- Ability to independently manage glucose/insulin on trail and overnight
- Have a basic understanding of the different diabetes management systems
- Understand basic troubleshooting for the different systems

COMPENSATION & BENEFIT INFORMATION

- $125-$150 per day for all trail days and prep days before a program starts. Compensation commensurate with experience.
- Required Paid Staff Training
- Food and accommodations for the duration of the program
WORKING CONDITIONS AND PHYSICAL REQUIREMENTS

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job.

- Ability to work outdoors for multiple days in heat, cold and wet weather conditions, walk up hills, lead hikes, stand to teach, and hike up to 15 strenuous miles daily with a backpack weighing 40-70 lbs. Ability to this for multiple days on end.
- Ability to sit on the ground for prolonged periods of time.
- Ability to stoop, kneel, bend, reach, stand, walk, push, pull, lift, work with fingers, grasp, feel, talk, hear, and perform repetitive motions.
- Performance of such activities as inspecting and repairing gear and equipment, using a computer and reading text, and cleaning/ maintaining DYF property.
- Ability to stay alert and practice good decision making while operating on fewer hours of sleep.

STATEMENT REGARDING INCLUSION

DYF believes that all of our stakeholders deserve access to culturally relevant and inclusive programming. We strive towards fostering a culture where our staff are represented and honored for their identities and lived experiences. We recognize that this work is ongoing, and we strongly encourage people from all backgrounds to join us in this process, particularly people with disabilities, people of color, veterans, and LGBTQ+ community members. The person selected for this role must value and advocate for equity and inclusion.

TO APPLY

Application period will begin on January 4th, 2024 and will remain open until filled.
Please submit cover letter and resume to Whitney Wright, Program Director at wright@dyf.org
No phone calls, please. Serious inquiries only.

This job description has been designed to indicate the general nature and level of work performed by employees within this classification. It is not designed to contain or be interpreted as a comprehensive inventory of all duties, responsibilities, and qualifications required of employees assigned to the role.

DYF is an equal opportunity employer and does not discriminate against applicants or employees with respect to any terms or conditions of employment on account of race, color, national origin, ancestry, sex, sexual orientation, age, religion, creed, physical or mental disability, medical condition, marital status, citizenship, military service status, or any other characteristic protected by state or federal law or local ordinance.