



Position Title: Health Care Professional Guide

Reports to: Program Director

Type: Volunteer

DYF MISSION:

The mission of DYF is to improve the quality of life for children, teens and families affected by diabetes. The organization provides education and recreation within a supportive community, encouraging personal growth, knowledge and independence.

DYF VISION:

Supporting those affected by type 1 diabetes so they may lead full, healthy, beautiful lives, NOW.

POSITION FOCUS:

DYF Health Care Professional Guides facilitate backcountry trips and adventure based outdoor programs for youth living with Type 1 Diabetes. Our HCP Guides work hard to ensure our programs are meaningful, supportive, educational and fun while providing superior T1D care. HCP Guides are placed in the program/s that the Program Director deems most suitable for their skill level and availability. Ideal candidates for a HCP Guide position will have significant working knowledge and/or lived experience with Type 1 Diabetes, and extensive personal experience in the backcountry. Adventure Programs with DYF range from 6- 15 days with a required additional 2 days of prep before the program begins. Some programs may require an additional day after the program is over. On trail mileage ranges from 4-15 miles per day, with varying levels of strenuousness, depending on the program. Guides work collaboratively within their team to manage all aspects of the trip. This includes pre-trip packing and preparing food and gear, teaching outdoor living skills and diabetes management in the backcountry environment. Guides are also responsible for interpretive information, risk management, and managing the everyday tasks of survival in the backcountry; food, water, shelter, blood sugars etc.

DUTIES & RESPONSIBILITIES (This list does not include all of the duties assigned)

- Safely facilitate Adventure Programs.
- Dose insulin, adjust settings on pumps, track site and sensor change dates.
- Create an open dialogue with participants about their dosing decisions, so they play an active part in it.
- Manage all areas related to diabetes, medications, and first aid.
- Create an emotionally safe space for participants to be comfortable sharing about their struggles.
- Cultivate a working knowledge of DYF Policies and Procedures.
- Create strong, respectful and appropriate relationships with participants.
- Fully unpack, and clean up after trips have returned from the field.
- Be a good representative of DYF to the National Park Service and other overseeing organizations. Thoroughly follow Rules and Regulations of governing agencies.
- Provide clear and effective outdoor stewardship education to participants.
- Support participant overall wellness- mental, social, emotional, physical.
- Utilize medical skills as needed and according to training and standards.

- Operate company vehicles for transportation of staff, participants or clients, goods and supplies, and other uses as needed.
- Manage risk in a way that is suitable to being in the wilderness with a group of youth with type 1 diabetes.

QUALIFICATIONS: DYF does not expect every applicant to have every skill and qualification listed here, and we are committed to the professional development of our employees. A strong candidate who is interested in growing and learning in this role might be a good fit if they can demonstrate some or most of the qualifications listed below.

- Hold a valid medical or RN license
- Extensive knowledge of type 1 diabetes and its management systems. Prior experience adjusting insulin and working with people with type 1 diabetes.
- Experience backpacking and knowledge of backpacking and outdoor living skills.
- Ability to work the entirety of the program, and the 2 prep days before the program begins.
- Ability to solve problems quickly and discreetly, making judgment calls that follow DYF protocols.
- Ability to pass a background check.

DESIRED QUALIFICATIONS

- Enthusiastic about working for DYF, with youth living with type 1 diabetes and have a passion for life changing experiences in outdoor adventure
- Prior experience working with DYF in the summer camp context
- Personal connection to type 1 diabetes
- Experience working with Youth
- Experience in a leadership role
- Excellent verbal communication skills and interpersonal skills
- Characteristics of a positive role model for youth
- Creativity and flexibility to make sure every trip is safe and has a positive impact on participants
- A love of hiking and being in the backcountry
- Must have a current, valid driver's license, maintain a clean driving record, and have a reliable mode of transportation.

PHYSICAL REQUIREMENTS

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job.

- Ability to work outdoors for multiple days in heat, cold and wet weather conditions, walk up hills, lead hikes, stand to teach, and hike up to 15 strenuous miles daily with a backpack weighing 25-70 lbs.
- Ability to sit on the ground for prolonged periods of time.
- Ability to stoop, kneel, bend, reach, stand, walk, push, pull, lift, work with fingers, grasp, feel, talk, hear, and perform repetitive motions.

STATEMENT REGARDING INCLUSION

DYF believes that all of our stakeholders deserve access to culturally relevant and inclusive programming. We strive towards fostering a culture where our staff are represented and honored for their identities and lived experiences. We recognize that this work is ongoing, and we strongly encourage people from all backgrounds to join us in this process, particularly people with disabilities, people of color, veterans, and LGBTQ+ community members. The person selected for this role must value and advocate for equity and inclusion.