



2021 PROGRAM GUIDE

FOR CHILDREN & TEENS AGES 7-17 WITH TYPE 1 DIABETES



Independent Camps: Registration Open April 10 – April 30, 2021

These sessions are perfect for kids who are ready to go to camp without their parents, and for parents who are in need of a week off from diabetes! At all of our independent programs, campers are grouped with peers into pods with two or more counselors and a healthcare professional.

SESSION	DATES	AGES	FEES
Kids Camp	June 21-25	7-12	Tier 1: \$1,375 Tier 2: \$750
Kids Camp	June 28 - July 2	12-13	Tier 1: \$1,375 Tier 2: \$750
Teen Camp 1	July 5-9	14-15	Tier 1: \$1,375 Tier 2: \$750
Teen Camp 2	July 12-16	14-16	Tier 1: \$1,375 Tier 2: \$750
Teen Camp 3	July 19-23	16-17	Tier 1: \$1,375 Tier 2: \$750
Kids Camp + Buddy Camp	July 26-30	7-12	Tier 1: \$1,375 Tier 2: \$750
Buddy Camp	August 2-6	7-13	Tier 1: \$1,375 Tier 2: \$750



Buddy Camp: Ages 7-13

A unique program built for kids who want to share the diabetes camp experience with a buddy without T1D. We see lots of siblings, cousins, and best friends coming together to this session.

Being a buddy means that our campers without T1D get to learn a lot about diabetes, all while participating in traditional camp activities like tie dye, night hikes, and swimming.

Kids Camp: Ages 7-13

A full week for kids with T1D, Kids Camp offers an away-from-home environment that is safe, comfortable, and fun. Our medical staff can help with site changes, shots, and carb counting, so don't worry if your child needs additional support.

Packed with fun camp activities and special programs, there will be something for everyone to enjoy and new experiences to try together!

Teen Camp: Ages 14-17

Our most popular program, Teen Camp offers lots of fun. We often see teenagers who start the week resistant to the idea of diabetes camp and end the week not wanting to leave! With their cohorts, teens will have the opportunity to participate in a variety of activities, and engage in new experiences together with friends.

Near the end of the program the full camp participates in a modified Teen Ed Day; a program filled with presentations by medical professionals and recognized T1D community members to better equip teens for the world outside of camp.



Registration & information: dyf.org/summer2021



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Specialty Programs: Applications Open March 20 – April 10, 2021

These sessions are unique programs that focus on adventure and leadership, while building skills, community, and connection with others in the group. Campers are supervised and mentored by program and medical staff, while working to gain new experiences and confidence in their own management skills. While no specific prerequisite experiences or skills are required for these programs, applicants will go through an interview process to ensure they are committed and invested in the program.

SESSION	DATES	AGES	FEES
Leaders in Training – Session 1	June 21-25	16-17	Tier 1: \$1,375 Tier 2: \$750
Leaders in Training – Session 2	June 28 - July 2	16-17	Tier 1: \$1,375 Tier 2: \$750
Teen Camp 1	July 5-9	14-15	Tier 1: \$1,375 Tier 2: \$750
High Altitude Adventure Program	July 6-15	13-16	Tier 1: \$2,125 Tier 2: N/A
Teen Camp 2	July 12-16	14-16	Tier 1: \$1,375 Tier 2: \$750
Teen Camp 3	July 19-23	16-17	Tier 1: \$1,375 Tier 2: \$750
Altitude 14,505	July 28 - August 9	15-17	Tier 1: \$3,125 Tier 2: N/A

High Altitude Adventure Program: Ages 13-15

The High Altitude Adventure Program is ideal for teens who are adventurous and are ready to challenge themselves in the great outdoors!

Previous backcountry experience is not required, and pre-trip virtual training, socializing and support will be provided.

This program will take place in the beautiful Desolation Wilderness, starting at Loon Lake. Campers will have some prep days at the campsite before hitting the trail!

Altitude 14,505: Ages 15-17

Eleven teens with diabetes, ages 15-17 will embark on a 14,505 foot, 75+ mile journey, to the highest peak in the lower 48 states.

The group will spend the first couple of days camping and training together near Lone Pine, CA before departing for 9 days on the trail with the goal of summiting Mt. Whitney. Participants will need a high level of fitness, stamina, and determination to complete the trip. Applicants must submit a supplemental application, and complete an interview prior to enrollment. Pre-trip virtual training, socializing and support will be provided.

Leaders-in-Training: Ages 16-17

This program is perfect for teens with and without diabetes who are ready to take the next step in developing their leadership skills. LIT begins with an application and interview process in the spring, and culminates with a week at camp learning how to be an effective leader and working with our younger campers.

Many of our awesome camp staff are graduates of the LIT program!

*Our 2021 program is modified due to COVID-19. DyF will offer 2 identical program sessions where previous LIT participation is not required.



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