



*A World of Education,  
Inspiration and Support*

## Food Allergies and Special Diets

We can accommodate the following food allergies and special diets at DYF Programs. For all other dietary concerns, please call us before your session so that we can work with you to find other solutions.



**Peanut Allergies:** Our kitchen does not knowingly use peanuts in snacks or meals prepared on site. We serve soy butter at all meals instead of peanut butter. While we do our best, **we cannot guarantee that our facility is 100% free of peanut products.** We ask that you help us maintain the lowest level of possible contamination by following our rule about not bringing additional food with you to camp; our kitchen will keep you well fed and our facility is safest for everyone when we control which products are on camp.



**Other Nut Allergies:** We are able to provide substitute meals and snacks prepared without nuts for other nut allergies. While we minimize nuts on camp by not serving them alone, we do use nut products in our kitchen. **We cannot guarantee that our facility will be entirely nut free.**



**Celiac Disease:** We are fortunate to have a separate celiac-only kitchen at Bearskin, and we work with the kitchens at our other camp locations to ensure they can provide safe gluten-free food. While we do our best, **we are not able to guarantee a 100% gluten-free environment.**



**Vegetarian:** We will have vegetarian options at every meal.

We may be unable to accommodate the following. Please call us ahead of time so that we can discuss with you and find other solutions.



**Vegan**



**Egg Allergies**



**Lactose Intolerance.** We do offer soy milk and alternatives to ice cream, yogurt, and cheese.



**Kosher**