





**BEARSKIN MEADOW FAMILY CAMP 2 2019**  
**AUGUST 3<sup>rd</sup>- AUGUST 8<sup>th</sup>**



Day	Group Rotations		Afternoon Activities	Dinner	Evening Program
<b>DAY 1</b> <b>Saturday</b> <b>August 3<sup>rd</sup></b>	<b>Welcome to Family Camp!</b>		1:30 - 5:00PM – Settle In (Tours available upon request)	5:00PM Insulin Consultation (Infirmary) 5:30PM Dinner 6:45PM Fire Drill (Field) 7:00PM Orientation (Amp)	 <b>Opening Campfire!</b>
<b>DAY 2</b> <b>Sunday</b> <b>August 4<sup>th</sup></b>	<u>9:15 AM</u> Marmots – Bubbles A- A&C B- Nature C- Archery D- Pool E- Diabetes Ed F- Nutrition G- A&C	<u>10:45 AM</u> Marmots – Sand Castles A- Pool B- A&C C- Diabetes Ed D- Nutrition E- Archery F- Nature G- S&G	1:30PM – Redwood Canyon Hike <i>Sign up on Bear Facts board</i>  2:30PM – Family Choice A&C: Wind Chimes Sports: Ultimate Frisbee Pool <i>Sign up on Bear Facts board</i>	<b>SLEEPY SUNDAY (P J'S)</b>	6:45PM – Evening Program! (Staff panel for parents – UCH) 9:00PM – Coffee Talk for Parents (deck sitters on deck, teen hang out in lair)
<b>DAY 3</b> <b>Monday</b> <b>August 5<sup>th</sup></b>	<u>9:15 AM</u> Marmots – Shakers A- S&G B- Diabetes Ed C- A&C D- Nature E- Nutrition F- Archery G- Pool	<u>10:45 AM</u> Marmots – Bug Catching A- Nature B- S&G C- S&G D- Diabetes Ed E- A&C F- Pool G- Nutrition	2:30 - 4:30PM – Adult Activities: Pool & Archery <i>Sign up on Bear Facts board</i>  2:30 - 4:30PM – Color Wars!	<b>Matchy Monday!</b>	6:45PM – Bearly Talented Show! 9:00PM – Coffee Talk for Parents (deck sitters on deck, teen hang out in lair) 8:45PM – Night Hike!
<b>DAY 4</b> <b>Tuesday</b> <b>August 6<sup>th</sup></b>	<u>9:15 AM</u> Marmots – Nature Walk A- Diabetes Ed B- Pool C- Nutrition D- A&C E- Pool F- S&G G- Nature	<b>Families in the Forest</b> 😊 3:00PM - Staff meeting in UCH 3:30PM - Pool, Archery, & Tie Dye on the Field <i>Sign up on Bear Facts board</i>  Sack lunch preparation on Dining Hall Patio starting at 10:30am		<b>Total Star Tuesday</b> (Parent Appreciation Dinner, picnic dinner at field for kids)	 7: 15PM – Superstar Dance!
<b>DAY 5</b> <b>Wednesday</b> <b>August 7<sup>th</sup></b>	<u>9:15 AM</u> Marmots – Arts & Crafts A- Nutrition B- A&C C- Pool D- S&G E- Nature F- Diabetes Ed G- Archery	<u>10:45 AM</u> Marmots – Pool A- A&C B- Nutrition C- Nature D- Archery E- S&G F- A&C G- Diabetes Ed	2:30 - 3:30PM <b>Rap Sessions!</b> (Kids with diabetes at LSC, kids without diabetes in Dining Hall, free time for parents)	3:30PM Staff vs. Families Kickball!!!  3:30PM <b>Family Choice:</b> Archery, Pool, & A&C <i>Sign up on Bear Facts board</i>	<b>WACKY HATS &amp; HAIR WEDNESDAY</b>   <b>Closing Campfire!</b>
<b>DAY 6</b> <b>Thursday</b> <b>August 8<sup>th</sup></b>	<u>9:15 AM</u> All Groups Clean Up 😊	<u>10:45 AM</u> Heading Home!	<b>See You Next Summer!</b> 		

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<b>* Bell</b>	
<b>*7:00AM</b>	Good Morning!
<b>*7:30AM</b>	Checking & Insulin Consultation (Doc's Place) Wash Hands!
<b>8:00AM</b>	Breakfast
<b>*9:15AM</b>	
	Program Rotation 1
<b>*10:30AM</b>	Carb free snack at HQ (Parents Remain at Ed Session)
<b>*10:45AM</b>	Program Rotation 2
<b>*12:00PM</b>	Checking & Insulin Consultation (Doc's Place) Wash Hands!
<b>12:30PM</b>	Lunch followed by rest hour
<b>*2:30PM</b>	
	Family Afternoon Activities
<b>*3:30PM</b>	Afternoon Snack Available at HQ
<b>3:45PM</b>	Afternoon Activities Continued
<b>*5:00PM</b>	Checking & Insulin Consultation (Doc's Place) Wash Hands!
<b>5:30PM</b>	Dinner (Don't Forget the Theme!)
<b>*6:45PM</b>	
	Evening Program
<b>8:00PM</b>	Evening Snack Checking & Insulin Consultation in Dining Hall Wash Hands!
<b>9:00PM</b>	Bedtime
<b>12:00AM</b>	LIGHTS OUT

Coffee bar, refreshments, and  
online merchandise shopping  
available at the front office  
(double doors) from **7:00-8:00AM**  
& **3:00-4:30PM** daily 😊