



**BEARSKIN MEADOW FAMILY CAMP 1 2019**  
**JULY 27<sup>th</sup>-AUGUST 1<sup>st</sup>**



Day	Group Rotations		Afternoon Activities		Dinner	Evening Program
<b>DAY 1</b> Saturday July 27 <sup>th</sup>	<b>Welcome to Family Camp!</b>		1:30-5:00PM – Settle In (Tours available upon request)		5:00PM Insulin Consultation 5:30PM Dinner 6:45PM Fire Drill 7:00PM Orientation	 <b>Opening Campfire!</b>
<b>DAY 2</b> Sunday July 28 <sup>th</sup>	9:15 AM Marmots – Bubbles A- A&C B- A&C C- Nutrition D- Pool E- S&G	10:45 AM Marmots - Sand Castles A- Pool B- Nature C- A&C D- Diabetes Ed E- Archery	1:30PM – Redwood Canyon Hike		<b>SLEEPY SUNDAY (PJ'S)</b>	6:45PM – Bruno’s Boat Races! (Staff panel for parents – UCH) 9:00PM – Coffee Talk for Parents (deck sitters on deck, teen hang out in lair)
			2:30 PM – Family Choice A&C: Wind Chimes Sports: Ultimate Frisbee Pool			
<b>DAY 3</b> Monday July 29 <sup>th</sup>	9:15 AM Marmots – Shakers A- Diabetes Ed B- S&G C- Nature D- Nutrition E- A&C	10:45 AM Marmots - Pool A- S&G B- Diabetes Ed C- Pool D- A&C E- Nutrition	2:30-4:30PM – Adult Activities: Pool & Archery		<b>Matchy Monday!</b>	6:45PM – Bearly Talented Show! 9:00PM – Coffee Talk for Parents (deck sitters on deck, teen hang out in lair) 9:30PM – Night Hike!
			2:30-4:30PM – Color Wars!			
<b>DAY 4</b> Tuesday July 30 <sup>th</sup>	9:15 AM Marmots – Nature Walk A- A&C B- Nutrition C- Diabetes Ed D- S&G E- Nature	<b>Families in the Forest</b> 😊 3:00PM- Staff meeting in UCH 3:30PM- Pool, Archery, & Tie Dye on the Field			<b>Toon Tuesday</b> (Parent Appreciation Dinner, picnic dinner at field for kids)	 7: 15 – Car(tune) Dance!
<b>DAY 5</b> Wednesday July 31 <sup>st</sup>	9:15 AM Marmots – Arts & Crafts A-Nutrition B- Pool C-Archery D-Nature E-Diabetes Ed	10:45 AM Marmots – Bug Catching A- Nature B- A&C C- S&G D- Archery E- Pool	2:30-3:30 <b>Rap Sessions!</b> (Kids with diabetes at LSC, kids without diabetes in Dining Hall, free time for parents)	3:30PM Staff vs. Families Kickball!!!!	<b>WACKY HATS &amp; HAIR WEDNESDAY</b>	 <b>Closing Campfire!</b>
				3:30PM <b>Family Choice:</b> Archery, Pool, & A&C		
<b>DAY 6</b> Thursday August 1 <sup>st</sup>	9:15 AM All Groups Clean Up 😊	10:45 AM Headin’ Home!	<b>See You Next Summer!</b>			

**BEARSKIN MEADOW FAMILY CAMP 1 2019**  
**JULY 27<sup>th</sup>-AUGUST 1<sup>st</sup>**

<b>* Bell</b>	
<b>*7:00AM</b>	Good Morning!
<b>*7:30AM</b>	Checking & Insulin Consultation (Doc's Place) Wash Hands!
<b>8:00AM</b>	Breakfast
<b>*9:15AM</b>	Program Rotation 1
<b>*10:30AM</b>	Carb free snack at HQ (Parents Remain at Ed Session)
<b>*10:45AM</b>	Program Rotation 2
<b>*12:00PM</b>	Checking & Insulin Consultation (Doc's Place) Wash Hands!
<b>12:30PM</b>	Lunch followed by rest hour
<b>*2:30PM</b>	Family Afternoon Activities
<b>*3:30PM</b>	Afternoon Snack Available at HQ
<b>3:45PM</b>	Afternoon Activities Continued
<b>*5:00PM</b>	Checking & Insulin Consultation (Doc's Place) Wash Hands!
<b>5:30PM</b>	Dinner (Don't Forget the Theme!)
<b>*6:45PM</b>	Evening Program
<b>8:00PM</b>	Evening Snack Checking & Insulin Consultation in Dining Hall Wash Hands!
<b>9:00PM</b>	Bedtime
<b>12:00AM</b>	LIGHTS OUT

Coffee bar, refreshments, and  
online merchandise shopping  
available at the front office  
(double doors) from **7:00-8:00AM**  
& **3:00-4:30PM** daily ☺