

DYF's SPOOKTACULAR WEEKEEND KID SCHEDULE, Oct. 26th – 28th

6:45

8:30

DAY 1:
Oct.
26th

Welcome to Camp Jones Gulch! Families settle into your cabins and get comfortable.

DINNER STARTS AT 6:00PM IN THE DINING HALL!
BG CHECKING AND INSULIN CONSULTATION WITH MED STAFF STARTS AT 5:30PM IN THE DINING HALL!

Kids: **CAMPFIRE!**
(Remember to dress warmly)



Parents: Opening Circle

SNACK! SLEEP WELL!
S'mores at campfire

Make sure everyone is dressed in **WARM CLOTHING**, as we'll go straight from dinner into orientation and kids groups, who will be going **OUTSIDE** to enjoy a Campfire.

DAY 2:
Oct.
27th

7:45

8:00

8:30

9:00

10:15

10:45

12:00

2:00 – 3:30

3:30

4:00

5:30

7:00

8:30

BG CHECKING AND INSULIN CONSULTATION WITH MED STAFF IN THE DINING HALL.

BREAKFAST!
WASH YOUR HANDS!

MORNING ANNOUNCEMENTS & THE FIRST LIST!

KIDS GROUP ROTATION 1
A: Arts & Crafts
B: Arts & Crafts
C: Sports/Games
D: Archery
E: Climbing Tower

BG CHECKS, THEN SNACK!
WASH HANDS

KIDS GROUP ROTATION 2
A: Sports/Games
B: Nature
C: Arts & Crafts
D: Climbing Tower
E: Nature

BG CHECKS & LUNCH!
WASH YOUR HANDS
Insulin Consultation in Dining Hall

FAMILY CHOICE:
Archery*
Arts and Crafts
Climbing Tower*
Individualized Education Sessions*
Nature Walks
Pumpkin Carving
TrialNet Screening*
Zip Line*
Sign up during lunch

Served in Dining Hall

SNACK!

FAMILIES VS. STAFF KICKBALL GAME!
Ball Field

Insulin Consultation in Dining Hall
DINNER!
WASH HANDS

Spooktacular Dance!
KIDS & PARENTS MEET IN THE DINING HALL (Halloween costume)

Served in Dining Hall

SNACK! SLEEP WELL!

DAY 3:
Oct.
28th

7:45

8:00

8:30

9:00

10:15

10:45

11:45

12:00

1:00

BG CHECKING AND INSULIN CONSULTATION WITH MED STAFF IN THE DINING HALL.

BREAKFAST!
WASH YOUR HANDS!

MORNING ANNOUNCEMENTS & THE FIRST LIST!

KIDS GROUP ROTATION 1
A: Nature
B: Sports & Games
C: Archery
D: Arts & Crafts
E: Arts & Crafts

BG CHECKS, THEN SNACK!
WASH HANDS

KIDS GROUP ROTATION 2
Group Game: ROCKS

Group Photo
Directly after breakfast

BG CHECKS & LUNCH!
WASH YOUR HANDS
Insulin Consultation in Dining Hall

TIME FOR SEE YA' LATEERS!




DRIVE SAFELY!

THANK YOU FOR JOINING US!
JOIN US THIS UPCOMING SPRING AND SUMMER TOO!

2019 SPRING/SUMMER PROGRAMS:
BAY AREA DIABETES SUMMIT
SPRING FAMILY RETREAT WEEKEND
BEARSKIN MEADOW CAMP
CAMP DE LOS NINOS



VISIT WWW.DYF.ORG FOR MORE INFORMATION

DYF's SPOOKTACULAR WEEKEND – PARENT SCHEDULE, Oct. 26th - 28th													6:45	8:30
DAY 1: Oct. 26 th	<p>Welcome to Camp! Families settle into your cabins and get comfortable.</p> <p>DINNER STARTS AT 6:00PM IN THE DINING HALL!</p> <p>BG CHECKING AND INSULIN CONSULTATION WITH HEALTH STAFF STARTS AT 5:30PM IN THE DINING HALL</p> <p>Make sure everyone is dressed in WARM CLOTHING. We'll go straight from dinner into orientation and kids groups. Kids will be OUTSIDE enjoying a Campfire.</p>												<p>PARENTS: OPENING CIRCLE (DINING HALL)</p> <p>KIDS: CAMPFIRE! (DRESS WARMLY)</p>	<p>SNACK! SLEEP WELL! Served in Dining Hall</p>
	7:45	8:00	8:30	9:00	10:30	11:45	12:00	1:00	2:00 – 3:30	3:30	4:00	5:30	7:00	8:30
DAY 2: Oct. 27 th	BG CHECKING AND INSULIN CONSULTATION WITH MED STAFF IN THE DINING HALL	<p>BREAKFAST! MAKE SURE TO WASH YOUR HANDS!</p>	<p>MORNING ANNOUNCEMENTS & THE FIRST LIST!</p>	<p>EDUCATION CHOICE</p> <ol style="list-style-type: none"> 1. Healthy Eating -Michelle, RD, CDE & Alex, RD, CDE 2. Exercise & Sports Mgmt. -Marikay, RN, CDE 3. Enjoying the Holidays/Special Events -Jeannine, RN, CDE 	<p>Growing Up with T1D Panel <i>Perkins Lodge</i></p>	<p>TRIAL NET INTRODUCTION</p>	<p>LUNCH! <i>Insulin Consultation in Dining Hall</i></p>	<p>Kids Rest Hour <i>Parents Image Transformation Therapy</i> <i>Upper Perkins</i></p>	<p>FAMILY CHOICE:</p> <ul style="list-style-type: none"> Archery* Arts and Crafts Climbing Tower* Individualized Education Sessions* Nature Walks Pumpkin Carving TrialNet Screening* Zip Line* <p><i>*Sign up during lunch*</i></p>	<p>SNACK! Served in Dining Hall</p>	<p>FAMILIES VS. STAFF KICKBALL GAME!</p>	<p>DINNER! <i>Insulin Consultation in Dining Hall</i></p>	<p>Spooktacular Dance!</p> <p>KIDS & PARENTS MEET IN THE DINING HALL (Halloween costume)</p> 	<p>SNACK! SLEEP WELL! Served in Dining Hall</p>
	7:45	8:00	8:30	9:15	10:30	11:45	12:00	1:00						
DAY 3: Oct. 28 th	BG CHECKING AND INSULIN CONSULTATION WITH MED STAFF IN THE DINING HALL	<p>BREAKFAST! MAKE SURE TO WASH YOUR HANDS!</p>	<p>MORNING ANNOUNCEMENTS & THE FIRST LIST!</p>	<p>EDUCATION CHOICE</p> <ol style="list-style-type: none"> 1. T1D Fundamentals: Sick Days, Highs/Lows, Mini-dose Glucagon -Jeannie, RN, CDE 2. School Issues: 504 Plan & Other Concerns -Alice, MFT & T1D mom 3. Research Studies & New Innovations -Dr. Lisa 	<p>Keynote: John Sjölund Chief of Staff Bigfoot Biomedical <i>Perkins Lodge</i></p>	<p>Group Photo Directly after breakfast</p>	<p>LUNCH! <i>Insulin Consultation in Dining Hall</i></p>	<p>TIME FOR SEE YA' LATEERS!</p>  <p>DRIVE SAFELY!</p>	<p>Keynote Speakers/Educators:</p> <ul style="list-style-type: none"> Dr. Lisa Norlander, MD (Stanford University School of Medicine) Jeannie Hickey, RN, CDE (DYF Assistant Medical Director) Jeannine Leverenze, RN CDE (Stanford Children's Hospital) Marikay Batina, RN, CDE (Kaiser Permanente, Delta Fair) Alex Nella, RD, CDE (UC Davis Medical Center) Alice Philips, MFT (Oakland Unified School District) Michelle Roy, RD, CDE (Children's Hospital Oakland) 					
	 <p>DYF DIABETES YOUTH FAMILIES</p>													