



BMC Family Camp 1

Family Schedule



Day	Group Rotations		Afternoon Activities		Dinner	Evening Activity
Sunday July 29 th	Welcome to Family Camp!		1:30 – 5:00 PM Settle In (Tours available from staff upon request)		5:00 Insuline 5:30 Dinner 6:45 Fire Drill 7:00 Orientation	 Opening Campfire!
Monday July 30 th	<u>9:15 AM</u> Marmots – Bubbles! A – Pool B – Diabetes Ed C – Archery D – Nutrition E – S&G F – Nature	<u>10:45 AM</u> Marmots – Shakers! A – Nature B – Pool C – Diabetes Ed D – A&C E – Nutrition F – S&G	1:30 PM – Redwood Canyon Hike		More Sleep Monday! (Pajama Dinner!)	6:45 – Everything but the Kitchen Sink! (Field) (Staff panel for parents- UCH) 9:00 – Coffee Talk for Parents (deck sitters on deck, teen hang out in Lair)
			2:30 PM – Family Choice: A&C: Origami Flowers Sports: Ultimate Frisbee & Pool			
			2:30 – 4:30 PM – Adult Pool Time			
Tuesday July 31 st	<u>9:15 AM</u> Marmots – Nature! A – S&G B – Nature C – Pool D – Diabetes Ed E – Archery F – Nutrition	<u>10:45 AM</u> Marmots – Bug Nets! A – Nutrition B – S&G C – A&C D – Pool E – Diabetes Ed F – Nature	2:30 – 4:30 PM – Adult Archery		Twins and Triplets Tuesday!	6:45 – Bearly Talented Show! 9:00 – Coffee Talk for Parents (deck sitters on deck, teen hang out in Lair) 9:30 – Night Hike!
			2:30 – 4:30 PM – Gold Rush! 			
			2:30 – 4:30 PM – Gold Rush! 			
Wednesday August 1 st	<u>9:15 AM</u> Marmots – PlayDough! A – A&C B – Nutrition C – S&G D – Nature E – Pool F – Diabetes Ed	Families in the Forest! 3:00 PM – Staff meeting in UCH 3:30 – Optional activities: pool, archery, tie dye on field			Wilderness Wednesday! (Nature Night!) (Parent Appreciation Dinner, Picnic dinner & field games for Kids)	 7:15 – Boogie at Bearskin Dance!
Thursday August 2 nd	<u>9:15 AM</u> Marmots – Sandbox! A – Diabetes Ed B – A&C C – Nutrition D – Archery E – Nature F – Pool	<u>10:45 AM</u> Marmots – Ball Pit! A – Pool B – Diabetes Ed C – Nature D – S&G E – A&C F – Archery	<u>2:30 – 3:30 PM</u> Rap Sessions! (kids w/ diabetes at LSC, sibling session at DH, parents have free time)	3:30 PM Staff vs. Families Kickball! (field)	Thrilling Hats & Hair Thursday!	 Closing Campfire!
			3:30 PM Optional activities: Archery & Pool			
Friday August 3 rd	<u>9:30 AM</u> All Groups Clean Up	<u>10:45 AM</u> Homeward Bound!	See You Next Summer!			

