

DAILY SCHEDULE – BMC BUDDY CAMP 2018
June 28th – July 3rd

*7:30 AM	WAKE UP/ BG CHECKING (ON DECK)
*8:00 AM	ANNOUNCEMENTS (LSC) – Come ready for Program Rotation #1
8:15 AM	WASH HANDS/BG CHECKS/INSULINE
8:30 AM	BREAKFAST
*9:30 AM – 10:45 AM	PROGRAM ROTATION #1
*11:00 AM	CARB FREE SNACK (NOT REQUIRED TO CHECK BGs)
*11:15 AM – 12:30 PM	PROGRAM ROTATION #2
*12:30 PM	WASH HANDS/BG CHECKS/INSULINE - IN DINING HALL
12:45 PM	LUNCH
*1:45 PM – 3:00 PM	CAMPER CHOICE
*3:15 PM	SNACK
3:15 – 5:00 PM	DECK TIME (REST, SHOWER HOUR)
*5:15 PM	WASH HANDS/BG CHECKS/INSULINE – IN DINING HALL
5:30 PM	DINNER
*6:30 PM	EVENING ACTIVITY
8:00 PM	WASH HANDS/BG CHECKING/INSULINE/SNACK – IN DINING HALL
9:00 PM	LIGHTS OUT
12:00 AM	MIDNIGHT BG CHECK

PROGRAM	WHERE TO MEET	WHAT TO BRING
ARCHERY	ARCHERY RANGE	CLOSED TOED SHOES, H2O, SUNSCREEN
ARTS AND CRAFTS	LOWER CRAFT HALL	H2O, SUNSCREEN
DIABETES ED	EDUCATION ROOM (MED BUILDING)	H2O, SUNSCREEN
NATURE	BRUNO AND CHIP	CLOSED TOED SHOES, H2O, SUNSCREEN
NUTRITION	DINING HALL PATIO	CLOSED TOED SHOES, H2O, SUNSCREEN
ON (OVERNIGHT) PREP	UPPER CRAFT HALL	H2O, SUNSCREEN
POOL	POOL	H2O, SUNSCREEN, TOWEL
SPORTS AND GAMES	FIELD	CLOSED TOED SHOES, H2O, SUNSCREEN